



HeartSmart Walks

Free guided walks in the Chichester District

**Welcome to the HeartSmart Walks
programme**

May to July 2026



Levin Down taken by Walk Leader, Bruce

Booking Information

- These walks are led by Volunteer Walk Leaders and are designed to cater for all ages and abilities. The walks offer opportunities to exercise and meet new people in a safe and friendly environment.
- Please book online www.chichester.gov.uk/book-a-heartsmart-walk where possible or via the telephone.
- If you are unable to attend, please ensure you cancel online (via the link on your confirmation email). **If you need to cancel on the day, please phone the office on 01243 521041 so the walk leader can be notified.**
- Up to 15 walkers per walk. If you turn up without having pre-booked you may not be able to walk with the group. **Please note walks will not go ahead if only 1 walker is booked on or only 1 walker turns up.**
- Walks are available to book two weeks in advance, up until the evening before the walk takes place. Particularly useful if you are watching the weather.
- If you would like to be informed about walk cancellations and changes then please email us wellbeing@chichester.gov.uk and we can add you to our HeartSmart mailing list.

Walk Information

- All walks finish at their starting point unless otherwise stated. Please arrive 10 minutes before the walk is due to start.
- Timings and distances stated on the programme are approximate.
- **Whilst we make every effort to provide up to date parking information, it is your responsibility to check on the day as Chichester District Council will not be held responsible for any parking fines incurred during the walks.**
- Please inform the Walk Leader if you will be leaving the walk early. You must not attend a walk if you are unwell. Please note that the walks are smoke free.
- **Please inform the Walk Leader if you have a medical condition that you think we might need to be aware of, for example, diabetes, allergic reactions, medication i.e. blood thinners.**
- We recommend always bringing a mobile phone with the number below stored in case of emergency.
- **Dogs are welcome on walks unless otherwise stated but must be kept on the lead. Please note there could be livestock on walks.**
- Please be mindful of ticks, especially during the warmer months. You may want to check for ticks after your walk.
- If the weather is poor the walk may be cancelled. Please check with the office or website if unsure (office hours Mon – Thurs 9am – 4pm & Fri 9am – 12pm).

Please read the walk description before joining to ensure you are walking at the right level and distance for you. Wear footwear appropriate for countryside walks and bring a drink of water.

To book visit www.chichester.gov.uk/book-a-heartsmart-walk
or for further information contact the Chichester Wellbeing Team

☎ 01243 521041 – ✉ wellbeing@chichester.gov.uk

Please note that paper copies are only printed once and are not updated with any amendments so please refer to online copy for most up to date list of walks.

Please arrive 10 minutes before the start of the walk, the walk will leave on time.

Friday 1st May – 10.30am - Bignor, Sutton and West Burton. Water Mills, waterfalls, Roman Villas & farm estates

Leader: Keith & Phil

Duration: 2.5 - 3 hrs **Distance:** 5 miles.

A fascinating walk through the best of Sussex landscapes, we start off from the sandy heathland at Lords Piece and wander on to find woodlands, pastures, downland views and even a waterfall!

The White Horse at Sutton is halfway along the route. We have an arrangement there for comfort stops, teas and coffees etc. We shall be stopping for 30 minutes or so.

Meet: Lord's Piece car park, Coates Lane, Lords Piece. RH20 1PZ. This can be found on the road between Fittleworth and Burton Mill. What 3 words : pursuing.swipes.untruth
01798 869191

Friday 1st May – 10.30am – Lurgashall

Leader: Richard M

Duration: 2 hrs 15 mins **Distance:** 5 miles.

A continuous ascent through woods and fields takes us to an elevated position with lovely views. Some stiles. We then return through Lurgashall winery, woodland and apple orchards to arrive back at the pub for welcome refreshment! Any problems on the day call Richard 07831 550137.

Meet: North side of the village green near ' The Noah's Ark' pub. GU28 9ET **By car:** from the Petworth to Milford Road, turn left before Northchapel, signposted to Lurgashall, and the green is about 1.5 miles.

Tuesday 5th May – 10.00am – Singleton, West Dean, Levin Down

Leaders: Richard and Sue

Duration: 3 hrs. **Distance:** Approx. 7.5 miles.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start at The Partridge Inn and cross over the main road to start our ascent over Hat Hill towards West Dean woods. We pass the charcoal burners to ascend uphill, before

we make our descent. We cross the main road, to start our ascent, which is in three stages, towards Levin Down, prior to our return to Singleton.

Meet: The Partridge Inn, Singleton, Chichester, PO18 0EY. Parking is permitted at the pub, for those partaking of refreshments afterwards. Roadside parking is available for those not drinking afterwards. **By car:** Take the A286 from Chichester to Singleton and turn right onto Charlton Road. **By bus:** No 60 from Chichester every 30 mins
Please join us for refreshments at the Partridge Inn after the walk.

Wednesday 6th May - 10.30am – Petworth Park – Part 2 – Ancient Tree Walk

Leader: Gerald

Duration: 1 hr 30 mins **Distance:** 3 miles.

PART 2 of the Ancient Tree Walk. Marvel at some of the oldest and largest trees in the country, from 350-800 years old. See an unusual hollow Common Lime (this is difficult to age as the trunk has fragmented, but perhaps it is 500 to 600 years old, with a girth of 7.46m). The Park is also dotted with magnificent oaks, beeches and chestnuts with some of the most ancient trees in Europe. Our walk passes Capability Brown's famous view across Upper Pond to the House.

Meet: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220. **By car:** 1 mile west from Petworth on A272, then, in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road. **By bus:** No.1 from Worthing to Midhurst Telephone, if uncertain, Gerald on 07748 597 568. Dogs welcome.

Wednesday 6th May - 10.00am – Loxwood, Onslow Arms – Long Route

Leader: Louise

Duration: 2.5-3 hrs **Distance:** 5.5 miles.

We leave the car park and travel up on to the road, follow paths up to Station Road and cross the road onto the footpaths. We follow the footpaths over 3 fields and then turn left, follow the footpaths down to the centre of Alfold. Go through cemetery, down the footpaths over the fields to the towpath and turn left and follow back to Loxwood. **No dogs sorry.**

Meet: The car park behind the Onslow Arms **By Car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right-hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side, follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood.

Thursday 7th May – 10.30am – Itchenor to West Wittering

Leader: Jane B

Duration: 2.5 to 3 hrs **Distance:** 5 miles.

This is a gentle circular walk starting at Itchenor Harbour, following the shoreside path and returning through fields. During the walk you will see glorious coastal sights, views of the South Downs and a number of amazing houses. Good under foot, but some loose surfaces, tree roots and mud after heavy rain. Toilets and refreshments available in Itchenor. **Social refreshments after the walk in the Ship Inn Itchenor.**

Meet: The Chichester Conservancy Car Park (pay on exit). PO20 7AE (if you are intending to join us for drinks at the Ship Inn, Itchenor, you can use their car park for free. **Please remember to add your car reg to the scene on the pub bar.** **By car:** Travelling south out of Chichester, take the A286 signposted to the Witterings. At the first roundabout take the second exit onto the B2179. Take the first right onto Shipton Green Lane, signposted to Itchenor. You will find the car park on the left before you get to the pub and the shoreline. **What3words:** retiring.juggled.reporter. **Dogs are welcome on this walk.**

Friday 8th May – 10.00am – Longer Stoughton Down Walk

Leader: Jane W

Duration: 3.5 – 4 hrs **Distance:** 8.5 miles.

This is a longer walk through fields, downland and woodland. There are some lovely open views. It is a strenuous walk with some significant uphill sections. You might like to bring a snack. No dogs please.

Meet: Walderton Road corner **By car:** Take the B2178 from Chichester and at Funtington, turn tight up the B2146 Hares Lane. At the next junction turn right and the right again to Walderton and Stoughton. The parking area is immediately on your left.

Friday 8th May – 4pm – Eartham Loop

Leader: Lucy

Duration: 1 hr 45 mins **Distance:** 4 miles **Elevation:** 154.4m

This is a glorious route through Eartham woodland. We start at the car park and head up towards rear of St Marys farm. There is a steepish section descending downwards deeper into the woodland and an equal ascent. This is a slow meander walk/stroll through the woodland with a chance to connect with nature, look around at the flourishing wild garlic, woodland fungi and see what we can see, hear, smell and feel. We will then take our return route along the monarch's way and ancient roman road heading back towards the car park. There is a lovely pub located nearby if anyone wants to consider a dinner stop or soft drink before heading home.

Meet: Park at Eartham Woods car park (free), PO18 0LU **By Car:** From the A27 take the A285 exit at Westhampnett towards Halnaker (North). Travel along this road go past Selhurst park (on your left) and then take Eartham Lane. This is a sharp hair pin bend on your right. Proceed along Eartham Lane and the carpark is located on your left.

What3words: edit.ethic.upper

Accessibility - This route is accessible for wheelchairs/prams that can manage undulating ground, different surfaces (woodland surfaces with some protruding roots to negotiate, mostly paths which are well maintained). Likely will require good fitness and/or powered wheelchairs/powered attachments as there are some steep sections.

Monday 11th May – 10.30am - *Suitable for Beginners*

Chichester Canal

Leader: Sarah

Duration: 30 mins **Distance:** 1 mile.

A flat walk at a gentle pace, suitable for beginners. **Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT. **By car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city. **By bus:** 5-minute walk from Chichester Bus Station.

Tuesday 12th May – 10.00am - Three Churches, Findon, Patching and Clapham

Leaders: Richard & Sue

Duration: 3.5 hrs **Distance:** 8.3 miles.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start at Findon village and walk past the church and cricket club and carefully cross over Long Furlong. We then walk on the Monarch's Way towards Patching. The Monarch's Way is the long-distance footpath marking the supposed route of Charles 11s flight to France in 1651. At Patching, we walk down Coldharbour Lane, cross Long Furlong and head into Clapham. We then head across the downs back to Findon to complete this delightful circular walk. The Black Horse, Findon, is a lovely pub to enjoy some refreshments after the walk!

Meet: Findon Village Store, BN14 OTF. What3Words: allows.gentlemen.assures

There is a car park near the shop but there are also some nearby residential roads which provide good parking. Please join us for some refreshments at the Black Horse pub after the walk.

Wednesday 13th May – 10.30am – Dover Lane, Angmering Park, Tadley Walk

Leader: Phil & Keith

Duration: 2 hrs **Distance:** 3.8 miles.

A walk mixing woodlands and paddocks, through Angmering Park, commencing from the car park at the end of Dover Lane. We start with a gentle rising path through the woods, we exit and walk on the Monarchs Way to a footpath which takes us to the horse racing stables of Suzi Smith, from there we travel on and walk through the paddocks on a fenced pathway, until we drop once more into the woodland and then back to the car park.

Meet: Past the houses, at the car park at the top of Dover Lane, Poling, near Arundel, which is off the A27 eastbound. Dover Lane has a postcode of BN18 9PX. The car park has a what 3 words: profile.cheetahs.engulfing

Wednesday 13th May – 10.30am – Stansted Park to Watergate

Leaders: Peter & Alison

Duration: 3 hrs 30 mins **Distance:** 7.6 miles.

A longer strenuous walk from Stansted across to Watergate Park via Lye Common. Mostly walking on lanes through woods and fields with some good views. A couple of steepish hills. Expect muddy paths after heavy rain. Bring a snack for a short stop. Suitable for people who enjoy a faster paced walk.

Meet: Stansted House Visitors Car Park PO9 6DX. Please use the first car parks on your right that are designated for walkers. **By car:** Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

Friday 15th May – 10.30am – Burton Mill

Leader: Richard M

Duration: 1 hr 30 mins. **Distance:** 3.5 miles.

This walk is reasonably level with two or three stiles, with nice views over the lake and Sussex countryside. There is a deck overlooking the lake which would be a nice place for a picnic if you wish. Any problems on the day call Richard 07831 550137.

Meet: in the car park adjacent to Burton Mill. Sorry no dogs due to livestock.

Directions: Travelling North up the Petworth Rd from Chichester, pass through Duncton, then turn right near the top of the hill after a long straight. (If you pass Chandlers builders merchants you have gone too far!) Burton Mill is about a mile down there on the left-hand side.

Friday 15th May – 10.30am – Fishbourne and Bosham

Leader: Caroline

Duration: 2 hrs 30 mins **Distance:** 4.6 miles.

This walk is flat and at a gentle pace. It takes a westward path through farmland to the village of Bosham with its quaint streets and cafes, we walk back along the Trippet across farmland again back to Fishbourne. There is a little road work through the village of Bosham.

No dogs please. Max 10 people

Meet: The Fishbourne Centre Blackboy Lane PO18 8BE park in the first car park on the right immediately you turn into the Fishbourne Centre

By Car: Take the A259 from Chichester towards Fishbourne. In Fishbourne pass Salthill Road and take the next right turn to Blackboy Lane. You will find the Fishbourne Centre on you right before the railway crossing.

Tuesday 19th May – 10.00am – NEW – Arundel, Swanbourne Lake and the River Arun

Leaders: Richard and Sue

Duration: 3 hrs 30 mins **Distance:** 8.5 miles.

Ascent 725ft. This walk has some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start at Swanbourne Lake, where we will walk through the outskirts of the wetlands, along the river. We will walk through the historic town of Arundel along London Road, until we turn off towards Hiorne Tower, before our decent through the woods to the top of the hill above Swanbourne Lake. This path is chalky, so can be slippery when wet.

We then start our ascent to view Houghton and the Arun Valley flood plain, this will lead us towards the River Arun, where we will come to the Black Rabbit pub.

Meet: By the lake gates in Mill Road Arundel. What3words: swatting.neater.biggest
Please join us for some refreshments at the Black Rabbit pub after the walk.

Wednesday 20th May – 10.00am - Wisborough Green, Newpound Lane & Canal

Leader: Louise

Distance: 5 miles **Duration:** 2.5-3 hrs.

Walk up Newpound Lane over the road and down to the canal, turn left along canal back up towards Wisborough Green and then turn left, then right back down Newpound Lane and then turn right on to a bridleway. Follow the bridleway down to the end and then back up the road. **No dogs sorry.**

Meet: park at the green in the layby

By Car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side, follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

Wednesday 20th May – 10.30am – Compton to Up Marden

Leaders: Peter & Alison

Duration: 2 hrs 30 mins **Distance:** 6 miles.

A good walk along lanes through woodland and fields, with a chance to visit the 12th century church of St Michael at Up Marden. Two up-hills, no stiles. Suitable for people who enjoy a faster paced walk.

Meet: Compton Recreation Ground.

By car: Take the B2178 from Chichester, turning right at Funtington into Hares Lane and right again onto the B2146. Continue through West Marden and the recreation ground is on your right as you pass the Compton village sign.

Thursday 21st May – 10.30am – Earnley Circular Walk

Leader: Jane B

Duration: 2.5 hrs **Distance:** 4.5 miles.

This is a gentle walk, over fields and hedgerows to viewpoints over the tidal estuary. Down to the Stilt Pools just inland from the coast (the Stilt Pools are famous for waders) We return over the fields past Earnley Church. The route may be moody and any shingle on the beach slippery. **Social refreshments after the walk in the Pond Barn Pub Brackesham.**

There are no facilities at Medmerry (the nearest ones are at Bracklesham sea front car park).

Meet: Medmerry RSPB car Park Drover Lane. PO20 7JL. **By car:** Travelling south out of Chichester, take the A286 signposted to the Witterings. At the first roundabout take the first exit onto the B2198. Follow the road for about 2 miles then turn left onto Clappers Lane.

Follow the road past the church on your left and through the open gates past a building site. You will find the car park on the right shortly after. **By Bus:** Number 53 from Chichester bus station. Get off at Clappers Lane and follow the above instructions to find the car park.

What3words: inflating.noise.outdoors. **Dogs are welcome on this walk.**

Thursday 21st May – 10.30am – Harting Down

Leader: Bruce

Duration: 2 hrs **Distance:** 3.5 miles.

Ascent 200m. A strenuous climb to Beacon Hill rewarded with big sky views.

Meet: Harting Hill Viewpoint. SU791180 (Nearby postcode GU31 5PN)

<http://maps.google.com/maps?t=m&z=15&q=50.9560,-0.8751>

By Car: Take the B2141 between Chilgrove and South Harting. National Trust car park on the right (£3 or park in Hill Lane)

Friday 22nd May – 10.30am - Watergate Park

Leaders: Jane W

Duration: 2.5 hrs **Distance:** 5 miles.

A hilly walk with lovely views of open countryside, taking on woodland and fields. No stiles.

Meet: Parking area (see directions) **By Car:** Take the B2148 from Chichester to Funtington turning right up the B2146 Hares Lane at Funtington. At the next junction turn right and then right again at the turning to Walderton to Stoughton. The parking area is immediately on your left. No dogs please.

Friday 22nd May – 4pm – Iping and Steadham Common Nature Reserve Loop

Leader: Lucy

Duration: 1 hr 30 mins **Distance:** 3.5 miles **Elevation:** 50m.

The walk will start at Steadham Common which is a site of special scientific interest. We will slowly stroll through Fitzhall heath, passing over a roman road. We will pass through the Fitzhall plantation (this can get very muddy if wet). Onwards past the outer edges of the Sand Pit and through the tree-lined pathway towards a small road. We will navigate carefully a very short distance on this road to go onto Steadham Common and the Serpent Trail, heading slowly back across the common towards the car park.

Meet: Iping and Steadham common car park, Elsted Road, GU29 0PB. This is situated west of Midhurst.

By Car: from Midhurst travel along the A272 Petersfield Road towards Stedham. After the primary school take Elsted road which is on your left and the car park will be visible on your right.

What3words: drizzly.work.volcano.

Accessibility – This route is accessible for those that can manage undulating ground, different surfaces (woodland surfaces with some mud, sandy, grass and small protruding roots to negotiate).

Tuesday 26th May – 10.00am – Chilgrove to Hooksway

Leaders: Richard & Sue

Duration: Approx 3.5 hours **Distance:** 8.5 miles.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start from the White Horse pub at Chilgrove, where we walk through the woods to Hooksway. We then begin our walk around the beautiful countryside, and then onto the Southdown's way, prior to our return to Chilgrove.

Meet: The White Horse at Chilgrove, PO18 9HX. What3words: finer.briskly.leaps

Please join us for refreshments at the White Horse pub after the walk.

Wednesday 27th May – 10.30am - Cocking

Leaders: Peter & Alison

Duration: 2 hrs 30 mins **Distance:** 6.5 miles.

A lovely ramble along the paths of West Dean woods. A moderately strenuous longer walk with some steep gradients. Will be muddy if it has rained recently. Suitable for people who enjoy a faster paced walk.

Meet: Cocking Hill car park (nearest postcode GU29 0HT) **By car:** A286 Chichester-Midhurst Road **By bus:** No 60 from Chichester every 30 mins.

Thursday 28th May – 10.30am – Elsted

Leader: Bruce

Duration: 2 hrs 15 mins **Distance:** 4.5 miles.

Ascent 200m (or 240m). Moderately strenuous with one steep climb to Pen Hill for glorious views. (Optional extra steep climb to Beacon Hill). Also visits the lost churches of Treyford.

Meet: Elsted Church. SU816196 (Nearby postcode GU29 0JY)

<http://maps.google.com/maps?t=m&z=15&q=50.9704,-0.8388>

By Car: From Midhurst, at the mini-roundabout, take the A272 exit towards Petersfield. After 2 miles turn left into Elsted Rd.

Friday 29th May – 10.00am – NEW – England Coast Path, Nutbourne to Fishbourne

Leader: Jane W

Duration: Up to 5 hours **Distance:** 10 miles

This is a lovely coastal walk, which follows on from the Emsworth and Thorney and will be taking the coastal path round Chidham peninsula, continuing into Bosham and finishing in Mill Lane, Fishbourne. Wonderful views of Chichester Harbour. It could be muddy and slippery in places. This is a longer walk so please bring something to eat and drink. No dogs please.

Meet: at the parking area at Farm Lane, Nutbourne, PO18 8SB. Farm Lane is a left turn from the A259 travelling towards Southbourne and is just after The Esso garage. Turn down the lane and the parking area is a short distance on the left. If you come by car, we will return from Fishbourne by bus, so please bring bus pass/payment method.

Please note that this is a small parking area and the easiest way to do this walk is by bus. The 700 bus stops at the top of the lane and the walk finishes at Fishbourne, back on the A259, where there is a bus stop.

Friday 29th May – 10.30am – NEW – Lodsworth

Leader: Richard M

Duration: 2 hrs **Distance:** 4.5 miles

A gradual ascent from the village takes us through woodland onto an elevated pathway with fine views. On reaching Easebourne, we return over Cowdray Park golf course and open countryside. This walk is over gently undulating terrain, with nothing too steep, and no stiles. No dogs please. Any problems on the day call Richard 07831 550137.

Meet: On the green outside 'The Hollist Arms'.

By Car: Turn North off the A272 between Petworth and Midhurst about 200m metres West of the 'Halfway House' pub signposted to Lodsworth, which is approximately ½ mile from the junction.

Friday 29th May – 4pm – Roman Week Walk - Eartham

Leader: Lucy

Duration: 1 hr 45 mins **Distance:** Approx 4 miles

This is a glorious route through Eartham woodland. We head up towards St Mary's Farm, there is a steepish section descending deeper into the woodland and an equal ascent. This is a slow meander through the woodland with a chance to connect with nature, look around at the woodland fungi and see what we can see, hear, smell and feel. We will return along the monarch's way and ancient roman road. There is a lovely pub located nearby if anyone wants to consider a dinner stop or soft drink before heading home.

Meet: Eartham Woods Carpark , PO18 0LU. What3words: edit.ethic.upper. **By car:** Take the A27, A285 exit at Westhampnett towards Halnaker, travel along past Selhurst Park (on your left) and then take Eartham Lane. This is a sharp hair pink bend on your right. Proceed along Eartham Lane and the carpark is on the left.

Accessibility: All welcome but please consider the following – This route is accessible for wheelchairs/prams that can manage undulating ground and different surfaces. Likely will require good fitness and/or powered wheelchairs during steep sections. No stiles or toilets. Plenty of parking. Dog friendly.

Monday 1st June – 10.30am - *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30 mins **Distance:** 1 mile.

A flat walk at a gentle pace, suitable for beginners. Meet: Chichester Canal, Basin Road, Chichester PO19 8DT. **By car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city. **By bus:** 5-minute walk from Chichester Bus Station.

Monday 1st June – 9.45am – Two Ferries Walk, Bosham to Itchenor

Leader: Jane W

Duration: Approx 3 hours **Distance:** 5 miles or 7.5 miles.

This is a flat walk along the shoreline from Bosham, catching the short ferry ride to Itchenor. There is then a choice of a short 1-hour circular walk at Itchenor or relaxing with a coffee stop. We then return by ferry and walk back to Bosham. It can be muddy and slippery. You will need cash or card for the return ferry ride which is £6 return. **No dogs please.**

Meet: At the meeting point in Bosham Pay and Display car park, Bosham Lane PO18 8HT

By Bus: The 55 bus from Chichester also arrives in this car park.

Tuesday 2nd June – 10.00am - Duncton, Barlavington & Sutton

Leaders: Richard and Sue

Duration: 2 hrs 30 mins. **Distance:** 6-6.5 miles. Ascent 487 ft.

This is a moderate walk, with some undulations and several stiles. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We begin in Duncton and walk through Burton Park and past Burton Church. We will then make our way to Sutton and pass Duncton Mill and the trout fishery.

Meet: Catholic Church Car Park. You can park at Duncton Village Hall or the Catholic church off the A285 towards Petworth, GU28 0JY. What3words: puffed.awesome.gobblers **By bus:** No 99 from Chichester to Petworth. Please join us for refreshments at the Badgers pub after the walk.

Wednesday 3rd June – 10.30am – Chidham Peninsula

Leaders: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 5 miles.

A flat walk with some of the best panoramic views of the harbour. Some beach walking which will be muddy and there is also a steep-sided ditch which can be slippery in wet conditions.

Meet: Cobnor Farm Amenity car park, Chidham Lane, PO18 8TD. **By Car:** Take the A259 towards Emsworth and turn south into Chidham Lane. The car park is on the left after approx. 1 mile (if you reach the sign for Cobnor House you have gone too far).

Wednesday 3rd June – 10.00am – Wisborough Green to Kirdford Square

Leader: Louise **Duration:** 2.5 - 3 hrs **Distance:** 5.5 miles.

A walk up Kirdford Road, copse, footpath up to bridleway to a square when we turn left and follow the paths around the square, then down the bridleway to Skiff Lane and back to green.

No dogs sorry.

Meet: park at the green in the laybys

By Car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side, follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

Friday 5th June – 10.30am – Cowdray to Easebourne

Leader: Jane W

Duration: 3.5 hrs **Distance:** 7.5 miles.

This is a very pretty riverside walk with a few uphill sections. Please bring a snack for a short break.

Meet: Cowdray Cafe and Farm Shop car park Midhurst. **By car:** Take the A286 Chichester to Midhurst Road, through the town centre and continue onto the A272 to Eastbourne. The car park is on the right just past the church. Nearest post code GU29 OAJ. **No dogs please.**

Friday 5th June – 10.30am – Plaistow

Leader: Richard M

Duration: 2 hrs. **Distance:** 4.2 miles.

Starting from the picturesque village of Plaistow, we walk along a quiet country lane before crossing fields with grazing sheep, walking through woodland, and finishing at the village stores, with arguably the best coffee in W Sussex. This is a reasonably level walk with countryside views, 5 or 6 stiles. **Sorry no dogs** due to livestock. Any problems on the day, call Richard 07831 550137.

Meet: On East side of village green opposite shop. **By Car:** From Petworth take the A283 North, then after the 'Stone Masons Inn', take the right fork by the green to Balls Cross. Continue along this road, and then after you pass the village sign for Kirdford, take the next left sign posted to Plaistow. After entering village turn right past village green and park at East end of South side in view of shop.

Friday 5th June – 5pm – Ebernoe Common (Nature Connection Loop)

Leader: Lucy

Duration: 2.5 hrs **Distance:** 8km.

Start at Ebernoe church carpark and meander slowly through the nature reserve, passing ponds, small streams, narrow bridge and then up to the road (5 mins walking on the road) and then on towards Colhook Common (may get a chance to see a kingfisher) and then winding slowly back towards the start point through the woodland and nature reserve.

Meet: Car park at Ebernoe Church, off Streels Lane (on your right). There is parking at the church/meet point. Car parking is free.

Directions: Post code is GU28 9LD. It is situated approx. 5 miles north of Petworth. Take the A283 from Petworth heading north, take the right turn up Streels Lane and follow the road for 2 – 5 mins (by car). **What3Words:** Chef.ears.limits (This is the meet point)

Sunday 7th June – 10.30am – NEW – Rogate and Tullecombe, Fyning Common and River Rother

Leader: Jane B

Duration: 3 hrs. **Distance:** 5 miles.

This is a walk of great variety where you walk through woodland, fields, gorse heath and cross the River Rother. Good under foot, but some loose surfaces, tree roots and mud after heavy rain. There is a short section of road at the beginning of the walk. Toilets and refreshments available in Rogate. This walk is suitable for people who enjoy a stroll through the countryside. **Social refreshments after the walk.**

Meet: Tullecombe car park near Rogate, West Sussex, approximate post code: GU31 5BU. This is an isolated car park so please ensure you do not leave anything on show.

By car: you can reach Tullecombe via the main A272 Petersfield - Midhurst road. Turn off in Rogate, direction, Rake, Liss and turn right in one mile (Chithurst).

What3words: wacky.newsreel.employers. **Dogs are welcome on this walk.**

Monday 8th June - 10.30am – Petworth Park – Part 1 – Ancient Tree Walk

Leader: Gerald

Duration: 1 hrs 45 mins. **Distance:** 3 miles.

PART 1 of the Ancient Tree Walk is a fascinating walk through the park trees from 350-800 years old. Some of the most ancient trees in Europe. It is dotted with magnificent oaks, beeches and sweet chestnuts, and we pass the Beelzebub Oak which has its own plaque in the wall behind it. It also passes by recently restored viewpoints from the North end of the Upper Pond. The fallow deer, long views and great trees make for a compelling walk.

Meet: Petworth Park, NORTH Car Park. Bring National Trust card or cash (£4) for Parking.

By car: Take A283 (London Road) northwards out of Petworth towards Northchapel/Guildford and 0.8 miles on left is Petworth Park North Car Park (not the Petworth House car park). Grid. Ref. SU966 238. Nearest Post Code GU28 9LS. Not on Bus route. Contact Gerald on 07748 597 568 if uncertain. Dogs welcome.

Tuesday 9th June - 10.00am – Petworth to Midhurst with bus back

Leaders: Richard and Sue

Duration: 3.5 hrs. **Distance:** Approx. 7.5 miles.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start our walk going through Petworth cricket grounds and Petworth Park, where the deer roam freely. We will walk through vineyards, woodland and open fields, before we come to the Village of River. We then follow the Diamond Way footpath to Lodsworth. At Cowdray, we go towards Benbow Pond to Easebourne, passing a ruin before the end of the walk.

Meet: Sylvia Beaufoy Centre at Petworth (free car park) Midhurst Road, GU28 0ET.

What3words: sliding.vandalism.presume. **By bus:** No 1 from Midhurst leaves every hour on the half hour. The journey back to Petworth takes approximately 10 minutes.

Alternatively, there is a large layby, as you turn left out of the Sylvia Beaufoy carpark, two minutes' drive on your left or the car park in Town charges £2.60 for 6 hours parking.

Please join us for refreshments at Lion Cafe after the walk.

Wednesday 10th June - 10.30am – Blakehurst and The Legend of The Gibbet

Leader: Keith and Phil

Duration: 2 hrs 30 mins **Distance:** 5.4 miles.

We start with a dozen or so steps onto a steep descent, following fields and pastures we rise to the top of the down, where we can find wonderful views. We then return alongside the racehorse gallops until we reach the gibbet site. This is a medium to hard walk and appropriate footwear is advised.

Meet: By Hillbarn grain store sign, Blakehurst Lane, Warningcamp. BN18 9QG. Parking, plenty of verge side parking at the top of the lane. What 3 words: files.innovate.plotted

By car: Blakehurst Lane, Warningcamp, BN18 9QG.

Wednesday 10th June – 10.00am – Onslow Arms, Loxwood

Leader: Louise

Duration: 2 hrs **Distance:** 4.5 - 5 miles.

A level walk, no stiles, can be muddy. An easy walk. **Sorry no dogs.**

Meet: car park behind the Onslow Arms

By Car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood, past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right-hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side, follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood.

Thursday 11th June – 10.30am - Madehurst

Leader: Bruce

Duration: 2 hrs **Distance:** 4 miles. Ascent 55m.

The route takes you through the picturesque Dale Park; includes a couple of moderate climbs.

Meet: Madehurst Church SU984100 (nearby postcode BN18 0NJ).

<http://maps.google.com/maps?t=m&z=15&q=50.8815,-0.6019>

By Car: From Chichester take the A27 Eastbound to Fontwell then the A29. After 2 miles turn left for Madehurst and after 1 mile park near the Church.

Friday 12th June – 10.30am – Lavington Common to Graffham

Leader: Jane W

Duration: Approx 2.5 hrs **Distance:** 5 miles.

A lovely walk across heathland and woodland, visiting the village of Graffham. Slightly hilly and uneven under foot. Can be slippery if muddy. **Directions:** Lavington Common car park.

By Car: From Chichester take the A285 Petworth Road, just past Duncton village, take the first left Graffham Road and Lavington Common Car park is just under 1 mile on the right-hand side. No dogs on this walk please.

Friday 12th June – 10.30am – Chidham – New Shorter Walk

Leader: Caroline

Duration: 1 hr **Distance:** 2.1 miles

This is a flat walk suitable for beginners or those getting back into walking. It will be on uneven ground and can be muddy if wet. From the "The Old House at Home" pub we take a short walk along a lane before bearing off to the right towards the car park and onto the coastal path for a short stretch. We then walk back through farmland back to the pub where we can enjoy a drink before heading home. Max 10 people

Meet: At The Old House at Home pub, PO18 8SU.

By car: Follow A259 out of Chichester towards Emsworth, pass the Bosham Inn then a second left hand turning onto Cot Lane after 0.9 miles you will find the pub on the right. Parking available on the road or in the pub car park if you wish to stay for a drink.

Tuesday 16th June – 10.30am & 11.30am – 25th Anniversary Summer Walk & Picnic at Boxgrove Village Hall

Two walk options, finishing with a 'bring your own' picnic outside Boxgrove Village Hall.

Walk One - Halnaker and Tinwood Estate – 10.30am

Leaders: Richard and Sue

Duration: 2 hrs **Distance:** 5-6 miles. Ascent 80m. This walk has some undulations. Our walks are geared for walkers who enjoy a brisk but comfortable pace. Walking boots are advised due to varying terrain. We start from Boxgrove Village Hall and walk past the Priory and through the church yards towards the open field, where we will walk towards Halnaker Windmill. Once at the top, we can stop for a water break and to soak up the lovely views. Following our descent down, we walk towards the Tinwood Estate, past the remains of the 500000BC Boxgrove Man, prior to returning to our cars.

Meet: Boxgrove Village Hall, PO18 0EE. What3words: exactly.trickling.bottom
Please join us for our Summer Picnic with refreshments at Boxgrove Village Hall after the walk.

Walk Two – Boxgrove Village and Tinwood Estate

Leaders: Bruce and Caroline

Duration: 1 hour 30 minutes **Distance:** 2-3 miles

We start from Boxgrove Village Hall and walk past the Priory and through the Churchyard towards the open fields and we skirt the perimeter of Tinwood Vineyard, returning to Boxgrove Village Hall for refreshments. This is a flat walk at a gentle pace, but the paths can be rutted and muddy if raining. Please wear sensible shoes.

Meet : Boxgrove Village Hall, PO18 0EE.

Please join us for our Summer Picnic with refreshments at Boxgrove Village Hall after the walk.

Wednesday 17th June – 10.30am - Stansted Forest

Leaders: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 6 miles.

A lovely walk starting off on the Monarchs Way towards Rowlands Castle and then following paths that criss-cross through Stansted Forest and grass meadows with some fine views.

Bring a snack for a short stop at Forestside, where there will be a chance to visit Christchurch, a pretty Victorian church in the Octagon Parish. Suitable for people who enjoy a faster paced walk.

Meet: Stansted House Visitors Car Park, PO9 6DX. Please use the first car parks on your right that are designated for walkers. **By car:** Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

Friday 19th June – 10.30am – Harting Down to North

Marden

Leader: Jane W

Duration: 3 hrs **Distance:** 6.5 miles.

A hilly walk taking in Harting Down and North Marden, lovely views, and open countryside. No stiles but can be slippery. No dogs on this walk please.

Meet: National Trust Car Park on Harting Down. **By car:** From Chichester take the A286 through Lavant, turn left on to the B2141. Car park is roughly 5 miles at the top of the hill on the right-hand side. There is a £3 parking charge for non-members, payable by phone or on your return home.

Sunday 21st June – 8pm – Hooksway, The Devils Jumps – A Midsummers Night Sunset Walk

Leader: Keith and Phil

Duration: approx. 2 hours.

A steep walk, starting and finishing at The Royal Oak Pub car park (closed Sunday night). We are walking up to the in-line ancient burial mounds that align with sunset on this day of the year. We will reach the mounds in time to witness sunset, descending in the dark. Feel free to bring a snack and drink. Please note this is a twilight walk up/down a track, returning in the dark. **Walkers are required to bring a head torch each. You will not be able to take part in the walk without a head torch,** What 3 words: veto.campfires.roadshow.

Monday 22nd June – 10.30am – *Suitable for Beginners* Chichester Walls

Leader: Sarah

Duration: 30 - 40 mins **Distance:** 1 mile.

Head out of Eastgate Square to join the City Walls in Priory Park. Cross North Street to rejoin the walls before reaching West Street to head into the Bishops Garden and onto South Street. Coffee shops available. Walk at a gentle pace, suitable for beginners. No dogs please. We go through Priory Park and The Bishops Garden, neither of which allows dogs.

Meet: Outside St Pancras Church Eastgate Square Chichester PO19 1JL **By car:** Nearest car parks are Cattle Market Car Park Market Road PO19 1JW and New Park Road, PO19 7SB. **By bus:** A number of buses stop on Market Road (start) and at the Cathedral and South Street (finish).

Tuesday 23rd June – 10.00am - Cissbury to Chanctonbury Rings

Leaders: Sue and Richard

Duration: 4 hrs **Distance:** 9 miles.

Ascent 1051 ft. This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. Cissbury Ring is one of the jewels in the crown of the South Downs National Park and Chanctonbury Ring is one of the most prominent landmarks along the South Downs Way. The first part of the walk is through fields, we then turn off towards Shoreham, before turning back towards Chanctonbury Rings. From here we then walk through a farm, before taking the path by the Gallops, back towards Cissbury Rings.

Meet: Storrington Rise car park, BN14 OHT **By car:** This is off the Findon Road (A24) heading south into Findon Valley and Worthing. Turn left at May Tree Avenue and the left into Storrington Rise. The car park is further up the road. There is also plenty of quiet road parking nearby. What3words: point.proud.chatters
Please join us for some refreshments at the Black Horse Pub after the walk.

Wednesday 24th June – 10.00am – Slindon

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** Approx. 5.5 miles.

A longer strenuous walk to the folly and through Slindon Woods, with some steep gradients. Will be muddy after wet weather. Suitable for people who enjoy a faster paced walk.

Meet: National Trust Car Park at Park Lane, Slindon BN18 0QY **By car:** Take A27 east from Chichester. At Fontwell roundabout continue on A27 to the next roundabout and take 1st exit for A29 (Pulborough/Amberley) and then turn immediately left into Park Lane. The car park is a short way along on the left.

Thursday 25th June – 10.30am – NEW – Walderton and Asdean Circular

Leader: Jane B

Duration: 3 hrs **Distance:** 5 miles.

This is a circular walk starting in Walderton, taking in Adsdean House, Adsdean Farm and the edges of Kindley Vale. If we're lucky we may see a group of people walking Alpacas. A few inclines and declines during the walk. But suitable for people who like a stroll through the

countryside. There is a short section of road at the beginning of the walk. Good under foot, but some loose surfaces, tree roots and mud after heavy rain. Toilets and refreshments available in The Barley Mow. **Social refreshments after the walk at the Barley Mow.**

Meet: Barley Mow Carpark, Walderton, PO18 9ED. Please park at the back of the car park, near the stream. **By car:** From Chichester take the B2178, turn right into Hares Lane just past the Fox and Hounds in Funtington, turn right onto the B2146 then right into Walderton. You will see the Barley Now on your Left. **What3words:** bunkers.sometimes.trophy. **Dogs are welcome on this walk.**

Friday 26th June – 10am – Chichester Harbour

Leader: Jane W

Duration: all day **Distance:** 10 miles.

This is a lovely coastal walk taking in the villages of Dell Quay, Fishbourne, Bosham and West Itchenor. There is a short ferry ride for which you need £3. Please bring food and drink. Can be muddy and slippery. No dogs please.

Meet: Fishbourne Roman Palace Roman Way, Chichester PO19 3QR. Please park near the entrance to the car park and we will give a small donation to the museum.

Monday 29th June – 10.30am - *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30 mins **Distance:** 1 mile.

A flat walk at a gentle pace, suitable for beginners. **Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT. **By car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city. **By bus:** 5-minute walk from Chichester Bus Station.

Monday 29th June – 10.30am – Eartham Woods

Leaders: Caroline

Duration: 1 hr 45 mins **Distance:** 3.3 miles

A gently paced walk through beautiful woodland. There is a moderate long uphill stretch, and it can be muddy in places. Dogs Welcome.

Meet: Eartham Woods car park (what3words: edit.ethic.upper)

By car: From Chichester follow the A285 through Halnaker continue for 2.5 miles, take the second right turn and in about 40 yards the car park is on the left. PO18 0LU.

Tuesday 30th June – 10.00am - Cowdrey, Easebourne to Lodsworth – with a coffee stop at the local café.

Leaders: Richard and Sue

Duration: 3 hrs **Distance:** 6.5-7 miles. Ascent 210m.

This is a moderate walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. This outstanding walk-through archetypal Sussex countryside has scenic rolling parkland, quiet drove roads, forestry tracks, wildlife, and wonderful views, with the possibility of bluebells in flower. We start from Benbow Pond, where we will walk to Easebourne via Cowdray Golf Course. We will walk towards Lodsworth Village, where we shall stop for coffee and/or visit the lovely tapestry at the local church. We then walk back towards the Royal Jubilee tree line walk, past Queen Elizabeth 1st tree, and back to Benbow Pond.

Meet: Cowdrey Park Post code: GU29 OAJ What3words: drip.tadpole.debit / **By car:** Cowdrey Park carpark. Park to your left as you drive in (do not park near the farm shop). Please feel free to join us for some refreshments at the Lion cafe after the walk.

Tuesday 30th June – 10.30am – Emsworth to Langstone

Leader: Jane W

Duration: 2 hours **Distance:** Approx. 4.5 miles.

Lovely flat shoreline walk, no stiles. Can be a little slippery and muddy underfoot. There will be an opportunity for a coffee stop. No dogs please.

Meet: Emsworth Town Square, PO10 7AW **By car:** Take the A259 from Chichester to Emsworth. At the roundabout turn left into the town centre. The town square is on the right-hand side. Car park through town on the right. Please put sufficient money in the Emsworth car park so you don't have to rush back. **By bus:** 700

Wednesday 1st July – 10.30am – Houghton Forest & Bignor Hill

Leader: Alison & Peter

Duration: 2 hrs 30 mins **Distance:** 6 miles.

Walking up to join the South Downs Way with a steep uphill section, rewarded by panoramic views in all directions. We come back down through Houghton Forest. A fairly strenuous walk and the chalk path can be slippery in places. Suitable for people who enjoy a faster paced walk.

Meet: Whiteways Car Park, BN18 9FD. **By car:** The car park is just north of the roundabout on the A29 between Slindon and Bury.

Wednesday 1st July – 10.00am – Onslow Arms, Loxwood

Leader: Louise

Duration: 2.5 - 3 hrs **Distance:** 5.5 miles.

Leave the car park and follow the canal left under the railway bridge, second bridge cross over and walk through the field and down to the road, along the road to the left and then cross the road and down the footpath to Spy Lane. Cross the road and follow the footpath through 2 fields and a copse, then turn left and right and follow through to the road. Cross road and follow footpath to another road, turn right down the road and follow to the canal. Turn right on to towpath and follow back to The Onslow Arms. **Sorry no dogs**

Meet: the car park behind the Onslow Arms **By Car:** from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles, pass the green and turn left signposted Loxwood past The Cricketers Pub and then follow Durbans Road for 1.3 miles to T junction at the end, turn left and follow B2133 road through to Loxwood. The Onslow Arms is on the right-hand side – turn right through the pub car park and go through to the Wey & Arun car park at the rear. If coming from the A24 side follow the road to Billingshurst and then follow the A272 towards Midhurst about 1½ miles then turn right on B2133 signposted to Loxwood.

Thursday 2nd July – 6pm – Evening Walk – Maybush

Leader: Bruce

Duration: 1 hr 20 mins. **Distance:** 3 miles.

Flat. A stroll through Maybush Copse and the harbour foreshore.

Meet: Chidham, Maybush Copse, SU787052 (nearby postcode: PO18 8SR)

<https://maps.google.com/maps?t=m&z=15&q=50.8413,-0.8833>

By car: Take the A259 out of Chichester. Left into Cot Lane by the Barleycorn pub. Park outside the entrance to the copse, in a layby further along or considerately in Maybush Drive. **By bus:** 700 from Chichester.

Friday 3rd July – 10.30am – Northwood, Slindon. Romans, Germans, Canadians and Airships.

Leader: Keith and Phil

Duration: 1.5 – 2 hrs **Distance:** 3.5 miles

A circular, undulating walk, taking in woods, farmland, heath and the Roman Road, highlighting the varied history of this National Trust area.

At the end of the walk, there will be an opportunity for refreshments in a nearby Pub.

Meet: parking area at the far end of the tarmac road, by Northwood Cottages, Nore Wood Lane, Slindon (north near the bend at Slindon College).

What 3 Words: lunge.flown.weeks

Tuesday 7th July – 10.00am – NEW - East Dean Woods -

Leaders: Richard and Sue

Duration: 3.5 hrs **Distance:** 8 - 8.5 miles.

Ascent 1,635 ft. This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We start at East Dean Village and walk to up towards East Dean woods. We then walk through the woods and back downhill. We cross the road and begin our ascent into East Dean woods. From here we continue to walk through the woods back to the pub.

Meet: The Star & Garter pub, East Dean, PO18 OJG. What3words: outgrown.firm.flitting.

Park on the roadside, there is ample parking. Parking at the Village Hall car park is not permitted. Please join us for refreshments at the Star and Garter pub after the walk.

Wednesday 8th July – 10.30am – Eartham

Leader: Alison & Peter

Duration: 2–2.5 hrs **Distance:** 5.5 miles.

A walk through Eartham Woods, coming back along Stane Street. No stiles. Suitable for people who enjoy a faster paced walk.

Meet: Forestry Commission Car Park, Eartham **By car:** Take A27 east from Chichester. Half a mile before Fontwell turn left following signs to Eartham. Pass The George PH and continue north to the car park on your right.

Wednesday 8th July – 10.30am – Burpham & The Gurkha Bridge

Leader: Keith and Phil

Duration: 2 hrs 30 mins **Distance:** 4.5 miles.

An enjoyable circular walk from Burpham, travelling through farmland, an enthralling downhill set of steps, floodplain and woods to North Stoke. Hopefully whilst in the woods we can enjoy the songs of the woodland birds. From there we will cross the Gurkha bridge and enter some more woodland until we reach the River Arun. We walk the riverbank until we turn off towards our starting point. We will encounter six stiles on the walk. We will be parked adjacent to the George public house should refreshments be required.

Meet: Parking in the public car park, next to the village hall, off The Street, Burpham. BN18 9RR. What 3 words: tingled.knowledge.gashes

Thursday 9th July – 10.30am - In the Footsteps of Artistic Giants

Leader: Gerald

Time: 1.5 hrs **Distance:** 2 miles.

800 years old Tillington Church is the only church in the country that both artistic giants – JMW Turner & John Constable – painted. We will trace the exact location where these two artistic giants painted the church from. Constable's painting is in the British Museum; Turner's is The Fighting Bucks in Petworth House.

Meet: The Horse Guards Inn, Upperton Road, Tillington, GU28 9AF. SU963 220. **By car:** 1 mile west from Petworth on A272, then in the middle of Tillington, turn north following brown tourist sign to The Horse Guards. Parking in road. **By bus:** No.1 Midhurst or Worthing to Tillington//lifted.using.earlobes Contact Gerald if uncertain on 07748 597 568. Dogs are welcome.

Friday 10th July – 10.30am – Chalton and Finchdean

Leader: Jane W

Duration: Approx 3 hrs **Distance:** 6.5 miles.

This is a lovely downland with good views walk also taking in part of the Staunton Way and the church in the field at Idsworth. There is a steep descent and a climb. There are stiles. No dogs please.

Meet: Chalton Red Lion Car Park PO8 0BG. **By car:** Chalton can either be accessed by the A3, with a right turn into the village, the car park will be on your right. Alternatively, take the B2178 from Chichester, turn right past Aldsworth, towards Stansted, at the T junction turn left towards Rowlands Castle and at the next junction, right to Finchdean, at Finchdean take the left fork to Chalton and the car park is on your left as you enter the village.

Friday 10th July – 10.30am – Graffham

Leader: Richard M

Duration: 2 hrs **Distance:** 4.4 miles.

This walk passes through woodland and open countryside with fine views of the South Downs. Reasonably level and easy walking with one 200 yd ascent. Some stiles. Any problems on the day call Richard 07831 550137.

Meet: In the car park along the Lane adjacent to the War Memorial. 50 yds to the South of the 'Foresters Arms' GU28 0QA. **By car:** from Chichester to Petworth Rd turn left off long straight North of Duncton signed Graffham. Turn left after about a mile to Graffham and you will see The Foresters' Arms on the left, followed 50yds on by the war memorial with the car park situated up the adjacent lane.

Friday 10th July – 5pm – Arundel Loop

Leader: Lucy

Duration: 2 hrs 30 mins **Distance:** 11km **Elevation:** 173m

This walk starts at Swanbourne Lake; we then wind our way around the right side of the lake which is slightly uphill and chalky underfoot and uneven. We go through a gate and then land onto a grassy area (which can get a little muddy if it has been wet/raining). We then follow a public foot path, then onto a significantly hilly section (we can rest halfway up to connect to our senses and nature around us). Then making our way towards the folly at the top of

Arundel. We go past the folly and then to the rear of Arundel castle, past Fauna Brewing and back down into the town, and then along past the stream back. Accessibility – All welcome but please consider the undulating ground, different surfaces (chalk, there are significant steep sections. There are toilets located at café at the start point. There is an accessible toilet, but this is not 'changing spaces toilet'.

Meet: Swanbourne Lake. What3words: rooster, midwinter, input.

Directions: From the A27 head towards Arundel via the causeway roundabout. Travel along The Causeway Road past Arundel lido. You will reach a mini roundabout where you will need to take the 3rd exit on Mill Road with Arundel Castle gates on your left. Continue along this road until you reach Swanbourne Lake. Park near Swanbourne Lake (many car parking spaces near the meet location W3W). The Train station at Arundel is also a short walk from the start point. Car parking is free.

Monday 13th July – 10.00am – NEW – England Coast Path, Fishbourne to West Wittering

Leader: Jane W

Duration: Up to 5 hrs **Distance:** 10 miles.

This walk is a continuation of the England Coast Path Nutbourne to Fishbourne walk, earlier in the programme. This is another lovely coastal walk with great views of Chichester Harbour, down to Dell Quay, passing the Chichester Marina and Itchenor, finishing in West Wittering. It could be muddy and slippery in places. This is a longer walk so please bring something to eat and drink. Don't forget bus pass/payment. No dogs please.

Meet: The top of Mill Lane, Fishbourne next to The Bull's Head Inn. 99 Fishbourne Road West, Chichester, PO19 3JP.

The best way to do this walk is by bus, getting to the 700 bus to Fishbourne and we will return from Wittering on the 52 bus, which goes into Chichester. There is the option to park in Chichester for the day, get the 700 bus to the start and the 52 would return you directly to Chichester.

Tuesday 14th July – 10am – Pagham to Aldwick

Leaders: Richard and Sue

Duration: 2 hrs 15 mins **Distance:** 6.5 miles.

This is a flat walk. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. Lovely beach and shoreline with some footpath/field walking. We will explore the area around the Aldwick Bay Estate, which was established in 1929, before heading back to Pagham along the shoreline and coastal path.

Meet: The Lion Pub, Pagham, PO21 3JX. There is residential road parking, or for those partaking in a drink after the pub, you can use the pub car park or the cricket club car park opposite.

By car: The B2145 from Chichester and then the B2166 to Pagham. **By bus:** The 600 from Chichester to Bognor stops outside the Lamb Inn. Walk past The Lamb until you reach Nytimber Lane, the pub is 300 yards down this road.

Please join us for some refreshments at the Lion Pub after the walk.

Wednesday 15th July – 10.30am – West Marden

Leader: Peter & Alison

Duration: 2.5 – 3.5 hrs **Distance:** 6.5 miles.

A walk from Stansted to West Marden via Walderton, including lanes and pleasant walking through woods and fields. It is a moderately strenuous walk with some gentle hills. Could be

very muddy if there has been a lot of rain. Four stiles. Suitable for people who enjoy a faster paced walk.

Meet: Stansted House Car Park, P09 6DX (use first car park on right). **By car:** Take the B2178 from Chichester turning right onto Broad Walk after passing through Aldsworth, signposted Stansted House.

Friday 17th July – 10.30am – Burpham – 5 miles

Leader: Jane W

Duration: 2 hrs **Distance:** Approx. 5 miles.

Hilly with several climbs. Lovely views. Can be uneven and muddy underfoot in the woods. Has stiles. No dogs please.

Meet: The public car park behind the George at Burpham BN18 9RR. **By car:** Travelling east out of Arundel, take the first turning left after the railway bridge and follow the signs to Burpham village. The car park is accessed behind the pub.

Monday 20th July – 10.30am - *Suitable for Beginners* Chichester Canal

Leader: Sarah

Duration: 30 mins **Distance:** 1 mile.

A flat walk at a gentle pace, suitable for beginners. **Meet:** Chichester Canal, Basin Road, Chichester PO19 8DT. **By car:** From Chichester city centre go south along Basin Road to Canal Wharf. Limited parking but plenty of public car parks available in the city. **By bus:** 5-minute walk from Chichester Bus Station.

Tuesday 21st July – 10.00am – Duncton to Seaford College

Leaders: Richard and Sue

Duration: 3 hours. **Distance:** 7.5 miles. Ascent 80m.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. We walk from Duncton to Graffham via the woods. The onto Lavington Park and into Seaford College's spectacular grounds, before returning to Graffham via Lavington Stud.

Meet: Catholic Church Car Park. You can park at Duncton Village Hall or the Catholic church off the A285 towards Petworth at the other end of Duncton Village, GU28 0JY.

What3words: puffed.awesome.gobblers

By bus: No 99 from Chichester to Petworth.

Please join us for some refreshments at the Badgers pub after the walk.

Wednesday 22nd July – 10.30am – Walk the Centurions Way

Leader: Peter and Alison

Duration: 3-3 hrs 30 mins **Distance:** approx. 7½ miles.

Starting from Chichester, we will walk the Centurions Way, including the recently opened extension from West Dean to Singleton. A long but flat walk on good paths, although part of the final section is on a permissive path through woods that may get muddy and has a short flight of steps. Bring a snack for a short stop. We will catch the No 60 bus back to Chichester. Remember to bring your bus pass/money for fare.

Meet: Outside Chichester Cathedral Bell Tower, West Street. There is no roadside parking so please use car parks or public transport into Chichester.

Wednesday 22nd July – 10.00am – Wisborough Green

Leader: Louise

Duration: 2.5 - 3 hrs **Distance:** 6.5 miles.

A walk up Harsfold Lane over the Wey & Arun Canal to Lee Place then via bridleways and footpaths to Lording's Lock. A walk with uphill and downhill parts, 3 stiles – it should be fun.

Please note – it may be changed if river has flooded through rainfall. Sorry no dogs.

Meet: park at the green in the laybys

By Car: from Chichester follow the A285 road to Petworth, through Petworth then turn right on A272 and follow road to Wisborough Green about 6.5 miles. Turn left signposted to Loxwood and then park. If coming from the A24 side, follow the road to Billingshurst and then take the A272 to Midhurst. As you enter Wisborough Green, pass the Three Crowns and then turn right and park.

Friday 24th July – 10.30am – Lurgashall

Leader: Richard

Duration: 2 hrs 15 mins **Distance:** 5 miles.

A continuous ascent through woods and fields takes us to an elevated position with lovely views. Some stiles. We then return through Lurgashall winery, woodland and apple orchards to arrive back at the pub for welcome refreshment!

Meet: North side of the village green near 'The Noah's Ark' pub. GU28 9ET **By car:** from the Petworth to Milford Road, turn left before Northchapel, signposted to Lurgashall, and the green is about 1.5 miles.

Friday 24th July – 10.30am – Iping and Stedham Common

Leader: Jane W

Duration: 2.5 – 3 hours **Distance:** 6.75 miles.

A longer walk with stiles, taking in Iping and Stedham Commons and the River Rother. No dogs on this walk please.

Meet: Iping Common Car Park SU852220. GU29 0PB **By Car:** A286 to Midhurst, at mini the roundabout in the town, turn left onto A272 towards Petersfield. After 2 miles turn left into Elsted Road (signposted Elsted/Harting) and the car park is on the right-hand side. **By Bus:** 92 from Midhurst Bus Station to Elsted Road.

Monday 27th July – 10.30am – *Suitable for Beginners*

Chichester Walls

Leader: Sarah

Duration: 30 - 40 mins **Distance:** 1 mile.

Head out of Eastgate Square to join the City Walls in Priory Park. Cross North Street to rejoin the walls before reaching West Street to head into the Bishops Garden and onto South Street. Coffee shops available. Walk at a gentle pace, suitable for beginners. No dogs please. We go through Priory Park and The Bishops Garden, neither of which allows dogs.

Meet: Outside St Pancras Church Eastgate Square Chichester PO19 1JL **By car:** Nearest car parks are Cattle Market Car Park Market Road PO19 1JW and New Park Road, PO19 7SB. **By bus:** A number of buses stop on Market Road (start) and at the Cathedral and South.

Tuesday 28th July – 10.00am – Singleton, The Trundle via Monarchs Way, West Dean & Centurian Way

Leaders: Sue and Richard

Duration: 3.5 hrs **Distance:** 8.5 miles. Ascent 621 ft.

This is a moderately strenuous walk with some undulations. Our walks are geared for walkers who enjoy a brisk, comfortable pace. Walking boots are advised due to varying terrain. The walk starts from the Partridge Inn, where we have permission for those partaking of a drink afterwards to park there. We walk through the church yards, through the farm and up the road before crossing over to the Trundle. We then head uphill via the Monarchs Way; on a clear day you can see Chichester Cathedral. We will descend via chalk pit lane and then make our way towards West Dean and head into the woods towards the Centurian Way – Singleton railway station, returning to Singleton via the bottom half of Hat Hill.

Meet: Outside Singleton C of E Primary School, PO18 0HP. **By car:** Take the A286 from Chichester to Singleton and turn right onto Charlton Road. The school is just past the Partridge Inn PH on your left. Roadside parking available opposite the school or in the village.

By bus: No 60 from Chichester every 30 mins.

Please join us for refreshments at the Partridge Inn after the walk.

Wednesday 29th July – 10.30am – Singleton to West Dean Woods

Leader: Peter & Alison

Duration: 3-3.5 hrs **Distance:** 7 miles.

A longer strenuous but lovely walk, starting with a steep climb up Levin Down and going across to the West Dean Estate through woods and along lanes. A steep descent down Hat Hill back to Singleton to finish. Some uneven paths and two stiles. Suitable for people who enjoy a faster paced walk.

Meet: Outside Singleton CofE Primary School PO18 0HP **By car:** Take the A286 from Chichester to Singleton and turn right onto Charlton Road. The school is just past the Partridge Inn PH. Roadside parking available opposite the school or in the village. **By bus:** No 60 from Chichester every 30 mins.

Friday 31st July – 10.30am – West Stoke and Woodend Loop

Leader: Caroline

Duration: 1.5 hrs **Distance:** 3 Miles.

This gentle paced walk takes us through the woods at Woodend. The walk then takes a short distance along quiet lanes before we take a path up towards Kingley Vale, we can take a short walk through the yew forest before heading along a flat path back to the car park.

Meet: West Stoke car park (voluntary donations) PO18 9BE.

By car: From Chichester take A286 through Lavant opposite St Nic's Church turn left along West Stoke Road continuing through the village of West Stoke and turn left on a bend and you will find the car park on the right.

Friday 31st July – 10.30am – NEW – England Coast Path, Pagham to Selsey

Leader: Jane W

Duration: 5 hrs **Distance:** 9 miles.

This scenic flat linear walk will follow the England Coast Path from Pagham Village to Selsey Lifeboat Station. It will take in part of Pagham Harbour Nature Reserve and will include fields, shoreline paths, quiet lanes and promenade. There is a short stretch of shingle. Bring a drink and something to eat. There is little shade. No dogs please.

Meet: By Pagham Beach Café, PO21 4SX. **Directions:** This walk returns by bus - you will need money/ bus pass. By 600 bus from Chichester and get off at Pagham Parade - just after the Co-Op store. Cross the road and you will see the beach cafe to your right. **By car:** there is Pagham Beach car park, usually free, occasional charges only, opposite the Pagham Cafe. Return by No 51 bus from Selsey to Chichester. If you are returning to Pagham, you will need to change to the 600 after Hunston to return to Pagham.

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